

SUBJECT: SUNDAY FACILITY USE FOR SCHOOL-SPONSORED EXTRA-CURRICULAR ACTIVITY PRACTICES

Greater Johnstown School District facilities will be available for use for Sunday practice sessions for school-sponsored extra-curricular activities under the following guidelines:

1. Sunday practice sessions may only be used by varsity teams scheduled to compete on the subsequent Monday.
2. Any such Sunday practice may not begin before 1:00 p.m.
3. The total time practiced on a Sunday will not exceed one hour and thirty minutes.
4. Such Sunday practice sessions are to be used only as a run-through and review for defensive and offensive strategies and for purposes of stimulating the nervous system and muscle memory. Under no circumstances should Sunday practices be used for conditioning.
5. Knowing that missed time can affect team chemistry, coaches will make reasonable attempts to schedule a Sunday practice so that every athlete on the varsity team can attend. In the event that an athlete is unable to attend a Sunday practice due to family or religious commitments, his or her playing time will not be jeopardized, nor will he or she be penalized in any other way. It is the responsibility of the student athlete to notify the head coach why he or she is unable to attend.
6. If the stipulations set forth herein are violated, or if Sunday practices are misused in some other manner, the program found to be in violation will lose its Sunday practice privileges.